



Turkish Society of Clinical Enteral &
Parenteral Nutrition and Hellenic
Assosiation of Dietitians Nutritionists
Joint Meeting-2
Academy of Science in Nutrition
"Oncology Meeting"

24 - 26 October 2025

Radisson Blu Latvija Conference & Spa Hotel, Riga

www.nutrisyonakademisiriga.com



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Academy of Science in Nutrition

"Oncology Meeting"

24 - 26 October 2025

Radisson Blu Latvija Conference & Spa Hotel, Riga

24 October 2025, Friday

Multidiscipliner Approach Medical Nutritional Treatment - I

Session Chairs: Seher Demirer, Mutlu Doğanay

09.00 - 09.30 **Prevalence of Malnutrition Risk in Hospitalized Patients: Nationwide Data**
Mutlu Doğanay

09.30 - 10.00 **Clinical Nutrition Professionals in Malnutrition: Nutrition Support Teams**
Çetin Kaymak

10.00 - 10.15 Discussion

10.15 - 10.45 **Coffee Break**

10.45 - 11.15 **Malnutrition Screening and Assessment: Proactive Monitoring Tools**
Tuğçe Aytulu

11.15 - 11.45 **Prehabilitation & ESMO Guidelines**
Mpletsa Maria

11.45 - 12.00 Discussion

12.00 - 13.30 **Lunch**

Multidiscipliner Approach Medical Nutritional Treatment - II

13.30 - 15.00 **Open Session Discussion:** *Mutlu Doğanay, Çetin Kaymak, Tuğçe Aytulu*



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Academy of Science in Nutrition

"Oncology Meeting"

24 - 26 October 2025

Radisson Blu Latvija Conference & Spa Hotel, Riga

25 October 2025, Saturday

08:30 - 09:30

Opening Ceremony

Çetin Kaymak, Fani Preventi

Changing Nutritional Needs in Oncology

Session Chairs: Çetin Kaymak, Seher Demirer

09.30 - 09.45

Nutritional Screening and Assessment in Cancer

Derya Hopancı Bıçaklı

09.45 - 10.00

Clinical Outcomes of Muscle Loss Prevention in Cancer

Tsigkas, Alexandros

10.00 - 10.15

Inflammation Based Nutritional Markers in Cancer

Melda Türkoğlu

Discussion

10.15 - 10.45

Coffee Break

New Standards of Care in Oncology - I

Session Chairs: Hülya Gökmen Özel, Mehmet Uyar

10:45 - 11.00

ESPEN Guidelines Update

George Saltaouras

11.00 - 11.15

Protein Requirements in Oncology Patients: Are They Being Met?

Kolomvotsou Anastasia

11.15 - 11.30

Diagnosis and Pharmacological Treatment Options for Functional Bowel Disorders

Hüseyin Pala

Discussion

The Importance of Muscle Mass and Muscle Targeted Nutritional Intervention - I

Session Chairs: Birgül Dağ, Mehmet Ali Nahit Şendur

11.30 - 11.45

Nutritional Intervention in Radiation Oncology

Vuslat Yürüt Çaloğlu

11.45 - 12.00

Nutritional Intervention in Medical Oncology

Şuayib Yalçın

12.00 - 12.15

Management of Nausea and Vomiting in Oncology Patients

Mehmet Kubat

Discussion

12:15-13:30

Lunch



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25 October 2025, Saturday

New Standards of Care in Oncology - II

Session Chairs: Serdar Karaca, Banu Atalar

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|---------------|---|
| 13.30 - 13.45 | Prehabilitation: Holistic Approach to Cancer Patients <i>İrem Bilge Tekin</i> |
| 13.45 - 14.00 | High Protein & HMB & Vitamin D <i>Uğur Selek</i> |
| 14.00 - 14.15 | High Protein & HMB & Arginine & Lysine in Diabetics <i>Müge Akmansu</i> |
| 14.15 - 14.30 | Discussion |

14.30 - 15.00 **Coffee Break**

The Importance of Muscle Mass and Muscle Targeted Nutritional Intervention - II

Session Chairs: Tutku Soyer, Bülent Orhan

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|---------------|--|
| 15.00 - 15.15 | Nutritional Interventions in Onco Surgery <i>Mutlu Doğanay</i> |
| 15.15 - 15.30 | Nutritional Interventions in Palliative Care and Diabetic Patients <i>Seda Banu Akıncı</i> |
| 15.30 - 15.45 | Discussion |



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26 October 2025, Sunday

Session Chair: Hülya Başar

10.00 – 10.30

Rational Nutritional Treatment Use

Ayça Sultan Şahin

10.30 - 11.00

Discussion

11.00 - 11.30

Coffee Break

11.30 -12:00

Closing Ceremony

Çetin Kaymak

12:00-13:30

Lunch

Scientific Secretariat



Meeting Organizer



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