

10 October 2025,  
Friday

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09:00 - 09:30

**Opening Ceremony**  
**Medhat Shalabi - Çetin Kaymak**

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09:30 - 10:30

**SESSION-1 / Multidisciplinary Approach in Malnutrition Management**

**Chairs: Seher Demirer - Çetin Kaymak**

Management of Malnutrition in Critical Care Patients  
**Seda Banu Akinci**

Malnutrition Screening and Assessment Tools  
**Birgöl Dağ**

ESPEN guideline Nutrition in polymorbid patient  
**Kubilay Demirağ**

Discussion

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10.30 - 11.00

**Coffee Break**

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11.00 - 12:00

**SESSION-2 / Enhanced Recovery After Surgery (ERAS) and Clinical Nutrition:**

**Chairs: Medhat Shalabi - Çetin Kaymak**

Enhanced Recovery for Critical & Intensive Care Patients  
**Medhat Shalabi**

Protein and Critical Illness  
**Ashraf Alhoufy**

The Vital Role of Nutrition in ERAS  
**Medhat Shalabi**

Discussion

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12.30 - 13.30

**Lunch**

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13.30 - 14.30

**SESSION-3 / Panel Discussion - Multidisciplinary Approach to Home Healthcare**

**Chairs: Reşat Dabak - Erdinç Yavuz**

Organization of home healthcare services - Development Areas - Good Practices  
**Burcu Hacıoğlu-Serap Öksüz**

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14.30 - 15.00

**Coffee Break**

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15.00 - 16.00

**SESSION-4 / Nutrition Therapy Past and Today-II**

**Chairs: Aisha Al Mehairi, Nasser Hamadi**

Sarcopenia, Myosteatosis and Cachexia  
[Aisha Al Mehairi](#)

Metabolic adaptation in different weight states and biological factors  
[Nasser Hamadi](#)

Optimal nutritional care of geriatric patients with frailty and disability  
[Fares Al Mahrouqi](#)

Discussion

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16.00 - 16.15

**Closing**

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11 October 2025, Saturday

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09:30 - 10:30

**SESSION-5 / Pressure Injury: What-How?**

**Chairs: Seda Banu Akıncı - Ferda Kahveci**

Pressure Injury and Arginine  
[Hacer Doğan Varan](#)

Pressure Injury and Glutamine  
[Olgun Deniz](#)

Pressure Injury and Omega-3  
[Gözde Ayçiçek](#)

Discussion

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10.30 - 11.00

**Coffee Break**

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11.00-12.00

**SESSION-6 / Nutrition Therapy Past and Today- I: High Quality Protein**

**Chairs: Muhammet Ali Kaplan - Osman Yüksel**

Oncology Patient  
[Adnan Kuvvetli](#)

Geriatric Patient  
[Pınar Soysal](#)

Perioperative Patients  
[İlknur Bayram](#)

Discussion

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12.00 - 13.30

**Lunch**

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**13.30 - 14.30**                      **SESSION-7 / Nutrition Facts: Application in Daily Practice**

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**Chairs: Kubilay Demirağ - Çetin Kaymak**

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What's Beyond Standard Nutrition?  
[Mine Sezgin](#)

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Malnutrition and Cachexia. Definition, Etiology, and Clinical Consequences  
[Muhammet Ali Kaplan](#)

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How can we overcome the difficulties encountered in tube feeding patients?  
[Pırlı Tuncay](#)

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Discussion

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**14.30 - 15.00**                      **Coffee Break**

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**15.00 - 16.00**                      **SESSION-8 / Nutrition Therapy Past and Today- III**

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**Chairs: Murat Gündüz - Taylan Özgür Sezer**

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Intensive Care Patient  
[Kamil İnci](#)

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Sarcopenic Obese Patient  
[Mustafa Altınkaynak](#)

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Palliative Care Patient  
[Aykut Sarıtaş](#)

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Discussion

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**16.00 - 17.00**                      **SESSION-9 / Multidisciplinary Approach in Medical Nutrition Management: The Role of the Dietitian**

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**Chairs: Birgül Dağ - Aslı Mutlu Akyol**

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[Nüket Ünsal-Pınar Arı-Banu Süzen](#)

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**17.00 - 17.15**                      **Closing**

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12 October 2025, Sunday

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**09.00 - 10.45**                      **SESSION-10 / Nutrition Care Process and Model (NCP/NCM):**

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**Chairs: Medhat Shalabi - Fares Al Mahrouqi**

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Nutrition Assessment: Nutritional Documents and Information  
[Nasser Hamadi](#)

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Nutrition Diagnosis: Data Collected During the Nutrition Assessment Guides  
[Ashraf Alhoufy](#)

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Nutrition Intervention: The Selection of Nutritional Access Route  
[Medhat Shalabi](#)

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Nutrition Monitoring/Evaluation: Determining The Achievement of  
Nutritional Goals  
**Fares Al Mahrouqi**

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Discussion

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**10.45 - 11.15**

**Coffee Break**

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**11.15 - 11.45**

**Rational Drug Treatment Use**

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**Murat Gündüz**

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**11.45 - 12.15**

**Closing Ceremony**

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